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The Winonan

Winona State University

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WINONAN

News for a Campus Community....

Wednesday, Jan. 24, 2007

Volume 85 Issue 13

INSIDE:

News

- Students gather to remember friend and peer Matthew Gille
- Student Oliver Todryk survives after new treatment
- Wabasha Hall now home to health and fitness services

Arts

- Second-annual Frozen River Film Fest
- Juried student exhibit Art Muse on display
- Intervarsity discusses addictions

DM&E TO INCREASE TRAIN TRAFFIC

Winona State's student senate announces opposition to expansion

Ryan Kiesewetter
WINONAN

An increased number of trains might pass near the Winona State University campus if the Dakota, Minnesota & Eastern Railroad Corporation receives a \$2.3 billion loan to

expand its operation.

If the loan passes, DM&E plans to start construction in 2007 and start operating in 2010.

The plan, called the Powder River Basin project began in February 1998 to construct a 260-mile track for transporting low-sulfur coal from Wyoming

and improve 600 miles of existing 80-year-old tracks.

Since the Surface Transportation Board, a branch of the Department of Transportation, approved the project, the railway has undergone two Environmental Impact Statements by the board and one open comment period.

Winona State student senate announced its opposition to the proposal in early December.

While D.J. Danielson, student senate public relations chair, said he is not against trains traveling through

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Photo by Courtney Pate / WINONAN

Chuck Ripley waits by the train on his way to class on Friday morning in Winona. DM&E has proposed an expansion that could add an extra 260 miles of track to the eighth largest railroad system in the country.

Phone: (507) 457-5119

<http://www.winona.edu/winonan>

Friends remember Gille as amazing friend, comedian

Elena Grimm
WINONAN

At dusk on Wednesday of finals exams week, Winona State

during this hard time," junior Danette Gunther said to open the vigil.

Lindsay Thomas, a Winona State junior and Gille's ex-girl-

friend, read a letter she wrote to Gille: "The Lord will take care of you and hopefully you can show him some of your dance moves."

The stories continued as others chimed in with their memories of Gille, who was an "amazing" friend to all who

knew him, she said. The 20-year-old Winona State junior from Rockford, Ill., was found dead in a wooded area below the Garvin Heights lookout the morning of Dec. 8 following a 14-hour search by friends and law enforcement officials.

The day Gille went missing should have been like any other. He woke up late, got dressed for his shift at Beier's Family Restaurant, and then left.

What happened thereafter is unknown. His friends tried to stay positive during the initial search. "I just kept putting all the bad ideas in the back of my head and tried not to think

about anything else but seeing him again," said junior Zak Voigt, who was Gille's roommate in Morey Hall.

Gille's car was found Thursday evening in the parking lot at Garvin Heights Park with the keys inside the car, according to police.

Gunther said that when the car was found, everything changed. "We thought, 'Something's not right,'" she said. The search in the bluffs continued until midnight in single-digit temperatures using handheld heat sensors as a helicopter hovered overhead. Some friends continued searching until nearly 3 a.m. Dec. 8.

The search resumed in the morning, and his body was found at 9:30 a.m. in a wooded area about 100 feet below the lookout.

Gille's parents, Charles and Lisa Gille, among dozens of friends, were present when his body was found. "It hit you like a ton of bricks," Voigt said. "All the feelings and assumptions and what I wanted to think, that he's gonna turn up at a buddy's house, that we're gonna go in the cafeteria and have lunch, just wasn't possible."

The Winona County Dive and Rescue Team helped bring his body to the bottom of the bluff, a process that lasted until Friday afternoon due to the rough terrain.

A medical examination would not reveal results until mid-January. Without immediate answers, his friends and fellow classmates did their best to console each other through final exams week.

They poured out messages of remembrance and love on

Ten students selected for Minn. honor band

Ten Winona State University students have been selected to play in this year's Minnesota Intercollegiate Honor Band.

Amanda Peloquin of Chipewewa Falls, Wis., and Grace Conklin of Plymouth, Minn., will play flute; Hannah Carr of Winona will play bassoon; Brittney Gabrielson of Austin, Minn., will play clarinet; Kelly Groves of Fall Creek, Wis., will play saxophone; Robin Close of La Crosse, Wis., and Alan Rewitzer of Coon Rapids, Minn., will play trumpet; Katrina Whealdon of Hastings, Minn., will play trombone; and John Stampka of Winona and Daniel Elo of Eden Prairie, Minn., will play percussion instruments.

Winona State University usually sends between 10 and 15 students, many of whom lead their sections, to play in the 85-person ensemble each year, according to Winona State music professor Donald Lovejoy. Peloquin and Carr take leading positions this year.

Carr will also play in the National Small College Intercollegiate Band in March.

The Minnesota Intercollegiate Honor Band will perform Feb. 17 at the Minneapolis Convention Center.



Winona State junior Matthew Gille, 20, was found dead on the morning of Dec. 8 following a 14-hour search by friends and police.

University students gathered on campus. They were not there to study, but to remember their friend Matt Gille, whose body was found below the Garvin Heights overlook a few days earlier.

More than 60 students gathered that evening at the gazebo in the center of campus for a candlelight vigil.

They shared stories, poems and songs for their friend, but mostly they shared tears and hugs.

Murmurs and the flick of Bic lighters were the only sounds heard within the circle as the vigil began.

"Matt's watching us and is appreciating all the support

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www.smumn.edu/teach

Winona, he is concerned about noise pollution.

Danielson said he had received complaints "off and on" primarily from East Lake residents.

The senate is also concerned about the railway's safety record, Danielson said.

The railway has the most accidents of any company in its revenue class and the eighth most accidents overall, according to a Federal Railroad Administration of Safety Analysis.

According to its Web site, the railway promised to improve safety measures and increase signaling if the loan is approved.

The Surface of Transportation Board's environmental analysis approved the environmental impacts of the project, looking mainly at air quality, horn noise and vibration and noise.

Jason Bauman, a senior class senator, disagrees.

"DM&E has yet to prove their upgrades deter derailments and that the \$2.3 billion will in fact improve rail lines," Bauman stated in an e-mail.

Michael Bowler, a former DM&E task member for Win-

ona State, said the project is a student safety issue.

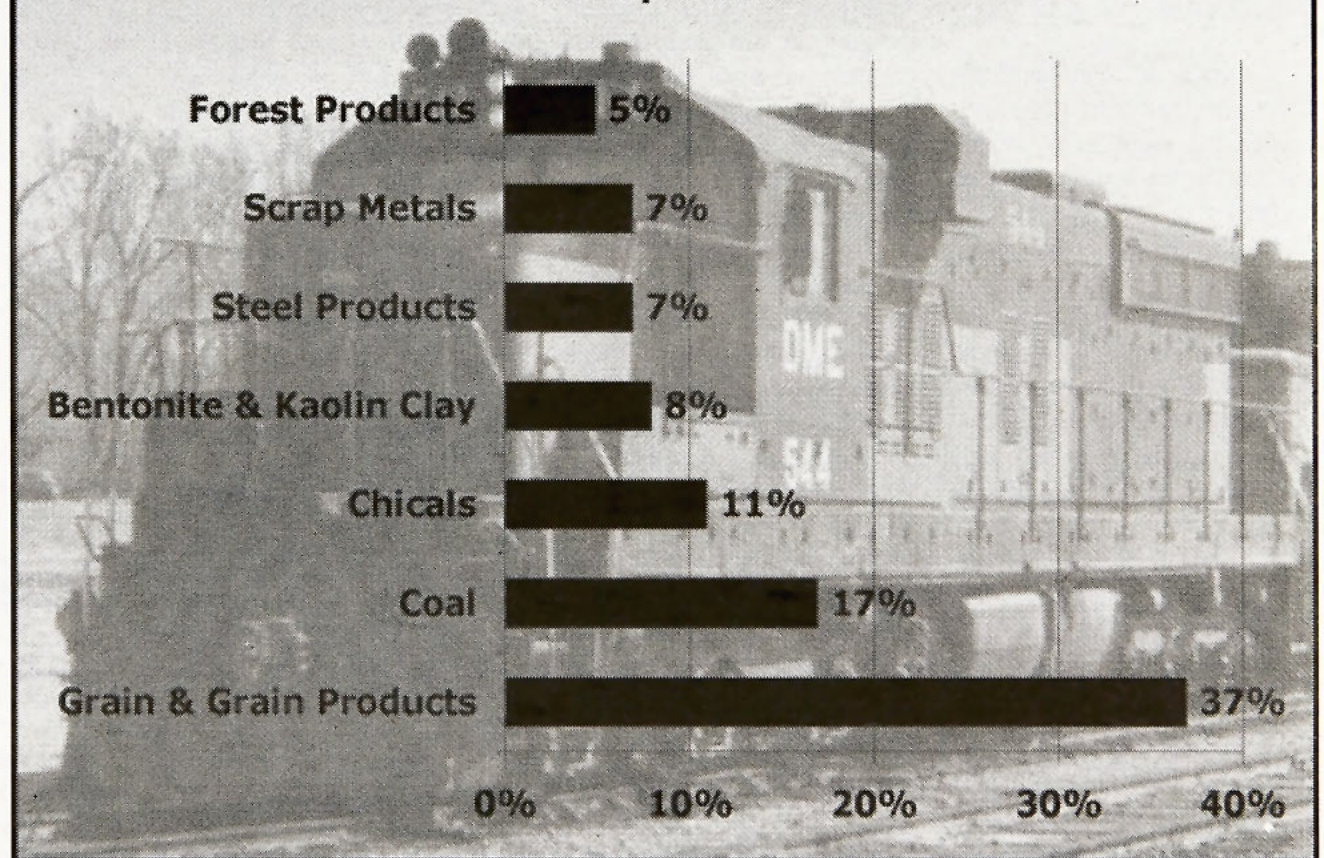
The Canadian Pacific Railway owns the track near campus so the increased DM&E traffic could be diverted from Winona, Bowler said.

Although it's unsure if the increased train traffic will impact Winona, Bauman said it will affect Winona State students.

"Some of our opposition to (the senate's) resolution has come from people saying that the DM&E trains will not affect us," Bauman stated. "What they must understand is that it will affect Winona State, as well as the students that go to the Rochester campus."

DM&E, which runs primarily in Minnesota and South Dakota, and the project has the support of 55 of the 56 com-

DM & E and IC & E Trains annually haul 250,000 cars of these products



munities the increased traffic affects.

The only community opposed to the expansion is Rochester, Minn.

The Mayo Clinic is openly against the project saying trains may threaten the safety of their

patients, according to local news reports.

Representatives from Mayo Clinic declined to comment.

The city of Winona is unable to speak on the project at this time because it has not come to a unanimous decision, said city

council member Deb Salyards.

Currently, 28 trains rumble through Winona every day, loan is approved, many more might shake the ground as far away as Broadway.

Reach Ryan at RB-Kiesw6296@winona.edu.

Lyceum Series to present 'Replacing the Industrial Mind' by Jackson

The Winona State University Lyceum Series will present "Replacing the Industrial Mind," by Wes Jackson, a botanist and environmentalist, at 7 p.m. Tuesday, in Somsen Auditorium.

Jackson is cofounder of the "Land Institute," author of "New Roots for Agriculture, Altars of Unhewn Stone" and "Becoming Native to the Place."

The Land Institute has researched, published in scientific journals, given hundreds of public presentations in the United States and abroad, and hosted countless intellectuals and scientists for more than 20 years.

Jackson's lectures explore the intersection of science, society, agronomy and ecology, culture, and politics, mixing old-time storytelling with solid

science.

A public discussion with Jackson will be at 2:30 p.m., in Baldwin Lounge.

The Land Institute is a non-profit research and education organization.

Its work depends upon charitable contributions from individuals, foundations and corporations.

Directing scenes positions open to students

Auditions for the 15-minute scenes directed by students enrolled in the THAD department's directing class will be open to all students next week.

The auditions will be held Tuesday and Wednesday, January 30-31 from 4:30-6:30 p.m., in the PAC Black Box theatre.

No prior acting experience is needed.

The scenes will rehearse for

approximately two weeks and be performed February 25-28.

1-2 credits are available through Theatre Activities.

Contact David Bratt at DBratt@winona.edu for more information.

Wabasha Hall new site for fitness center, health services

Shanthal Perera
WINONAN

Students at Winona State University seem to have welcomed the addition of Wabasha Hall to the institute's list of buildings.

Health services, the child care center, the National Child Protection Training Center and the fitness center were moved to Wabasha Hall at 101 Wabasha St. from their former on-campus location in Maxwell Hall. Maxwell will undergo an

\$11.1 million remodel.

Although some students thought the off-campus location was inconvenient, they felt the disadvantages were outweighed by the more spacious health services and the two-room fitness center.

The fitness center, which had an area of 10,000 square feet in Maxwell Hall, is about 8,000 square feet at its new location in the basement at Wabasha Hall, according Jeff Reinardy, director of fitness and wellness.

"I think it will work out al-

right for us," said Reinardy, who said there weren't a large number of options that were close to the university and could hold all the departments that moved out of Maxwell.

"We didn't lose out any of the pieces," Reinardy said.

The new fitness center is divided into two rooms, one for weight training and another for cardio workouts.

"It gives us the ability to add a few things and also the

See HALL, Page 7

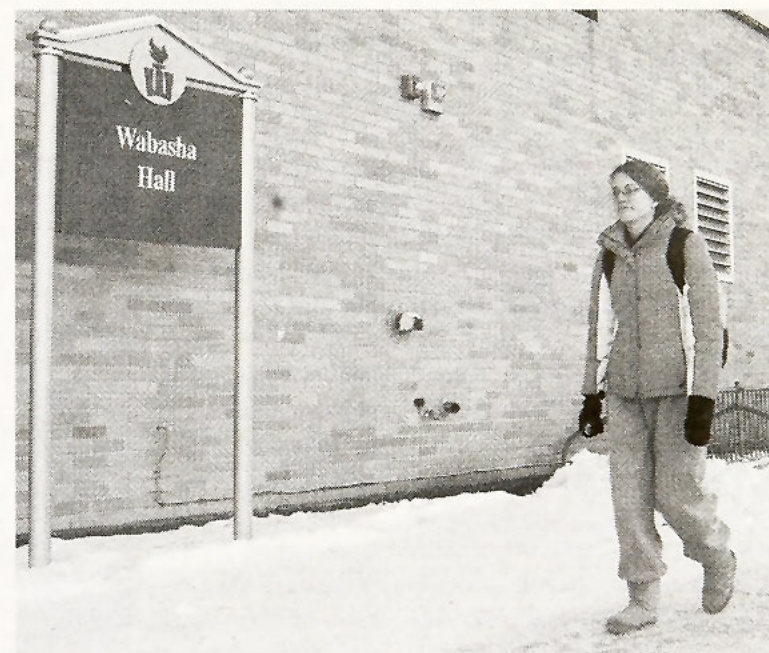


Photo by Courtney Pate / WINONAN

In its new location at 101 E. Wabasha St., Lauren Mikula walks past the new fitness center on her way home from class.

College Student Relief Act passed in House

Washington, D.C. — As a public high school teacher, Rep. Tim Walz, (Minn.-01), regularly sees students who delay entering college or who never get there at all because of the cost.

Walz, who is on unpaid leave from his teaching position while he serves in the U.S. House of Representatives, said, "Today's students must compete in a global economy, and Congress has a duty to do whatever we can to ensure our students have the education they need to compete. The best way to both maintain our leadership in the world marketplace and strengthen the American Middle Class is to make college more affordable and accessible for everyone who wants to attend."

Student debt has risen 107 percent in the last decade, according to a study conducted by U.S. Public Interest Research Group. Additionally, interest rates on student loans have jumped by almost 2 percent in the last five years.

A separate study notes that the average Minnesota student is saddled with \$13,480 in federal subsidized debt.

The House of Representatives fulfilled a promise to America's youth by passing legislation to cut rates on subsidized student loans in half, from 6.8 percent to 3.4 percent. The College Student Relief Act, passed by a vote of 356-71.

Fully phased in, this bill would save the typical Minnesota borrower approximately \$3,310 over the life of their loan. The bill is fully paid for and meets all pay-as-you-go requirements.

Walz delivered his first speech in favor of the legislation on the floor of the United States House of Representatives Jan. 17. During his floor statement Walz said, "with this legislation we have the capacity to make the American Dream just a little more attainable for 5.5 million American college students every year."

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Student Trodyk survives cardiac arrest

**Sarah Brechtl
WINONAN**

Before winter break, Winona State University senior Nicole Umphress was preparing for finals and looking forward to marrying the love of her life, fiancé Oliver Todryk, also a Winona State student.

Now, more than a month later, Umphress is faced with the biggest challenge of her life, one that will require every ounce of courage, faith and love she can muster.

On the evening of Dec. 5, Todryk was in the middle of practice with the Winona State University ultimate frisbee team in McCown gymnasium when teammates saw him uncharacteristically sitting on the sideline asking for water.

As teammate Jeff Osterud helped him to the drinking fountain, Todryk collapsed and fell unconscious. After just a few minutes, Oliver regained consciousness from what teammates thought was simply dehydration.

Moments later, Oliver collapsed again and began seizing.

Teammates activated the emergency alarm in the gymnasium as Todryk lay unconscious in cardiac arrest.

Campus security arrived five minutes after Todryk collapsed and after 10-minute delay from a train, paramedics entered the gym.

After three attempts, paramedics were able to restore the rhythm of Todryk's heart using a defibrillator, but not until after Todryk's heart stopped for more than 10 minutes. A person is considered dead after four minutes due to a lack of oxygen to brain cells.

"It's a miracle they were able to bring him back at all," Umphress said.

Todryk was immediately

transported to Winona Community Hospital and then carried by Flight for Life to Mayo Clinic in Rochester, Minn.

Upon arrival at the clinic, Todryk's fate was placed in the hands of Dr. Roger White, an anesthesiologist who specializes in emergency cardiac care and out-of-hospital cardiac ar-

rest.

White attempted a procedure that has been tried on less than 20 patients worldwide, a hypothermia-induced coma initiated by new technology called an arctic sun machine, Umphress said.

The procedure involves the placement of cooling gel pads to freeze the body, and the application of high amounts of pain killers, medication to provoke amnesia and paralytics.



Student Oliver Trodyk went into cardiac arrest while practicing ultimate frisbee Dec. 5 and survived.

rest.

White attempted a procedure that has been tried on less than 20 patients worldwide, a hypothermia-induced coma initiated by new technology called an arctic sun machine, Umphress said.

The procedure involves the placement of cooling gel pads to freeze the body, and the application of high amounts of pain killers, medication to provoke amnesia and paralytics.

White was aware that Todryk would be the youngest patient in history to have this procedure, but, fortunately, he did not know that Todryk's heart



flat-lined earlier that evening. Paperwork detailing Todryk's case did not arrive at Mayo Clinic until after White's diagnosis.

Had White known Todryk was medically dead for more than five minutes, he would not have induced the coma—and Todryk would have died.

A delay of paperwork saved Todryk's life.

Over the following days, Umphress could do nothing but sit and wait as doctors monitored Todryk's brain and heart waves to see if he would ever awake. If he did he might have crippling brain damage.

According to Umphress, doctors began warming Todryk's body and weaning him off medications on Dec. 7, but it would be two more days before Todryk would display any cognitive motion.

On Dec. 9, Todryk awoke.

As Umphress sat by his side, Todryk opened his eyes, looked at her and puckered his lips. For the first time in days, her fiancé was back.

"It was just a miracle," Umphress said. "The first words he spoke were 'I love you.'"

An electroencephalogram (EEG), a test that measures and records the electrical activity of your brain, was administered on Dec. 11 and came back abnormal, proving that the lack of oxygen to Todryk's brain did cause some permanent brain damage, Umphress said.

Umphress described Todryk's mental struggles in a Facebook note stating that Todryk "often confuses times/tasks in schedules of activities," "has a very short attention span," "hesitates with decisions or is really impulsive," "can often get stuck on one idea or one activity," "doesn't understand his deficits and limitations" and "has a hard time staying on a topic."

Todryk was also placed in restraints as he emerged from his coma so he could not move around and hurt himself, said Umphress.

Umphress also stated that Todryk continued to have minor

seizures as his eyelids would constantly flutter, but that he was able to control them if he was told to calm down.

However, Todryk is acutely aware of visitors, perks up when people around him are talking about ultimate frisbee and even shows signs of his old mischievous self by playing little tricks on the nurses, Umphress said.

"There are days when he doesn't know who I am, but he knows he loves me," Umphress said.

Despite mental complications, Todryk underwent heart surgery on Dec. 18 to place an internal defibrillator. Doctors have assessed his heart function as in a normal range, Umphress said.

While in Mayo Clinic, Todryk also underwent DNA testing for Brugada Syndrome, a rare genetic disease, presumed to be the cause of Todryk's cardiac arrest.

Discovered only 10 years ago, Brugada Syndrome is an inherited arrhythmia.

According to the Brugada.org Web site, the syndrome causes the heart's ventricles to beat so fast that they can prevent the blood from circulating efficiently in the body. When this occurs, it is known as ventricular fibrillation, and those with the syndrome will faint and could die in a few minutes if the heart is not reset.

Umphress said test results

See HEART, Page 6

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Wednesday, January 24, 2007 - News 5

Facebook, a college networking Web site, for the guy with a heart-melting smile who could always make anyone laugh and could talk for hours about nothing.

At the candlelight vigil, some giggles erupted when junior Mike Majerowicz recalled how Gille would jam out on his harmonica, and when Gunther said he always had a "witty remark."

"He could turn the most ran-

dom thing into an intellectual conversation," Gunther said.

Others talked about how Gille could argue about anything—and win each time.

Gille, who was studying psychology and pre-medicine, and wanted to be a psychiatrist, which is fitting for someone who was passionate about helping others and analyzing everything, friends said.

In a later interview, Gille's cousin, Leah Vanden Busch, a

junior at the University of Wisconsin-Madison, remembered growing up with Gille.

"Matt had to try to mold himself into the comedian," Busch said.

"Both of his brothers are attractive and athletic, and he would always be the one telling jokes and making everyone happy—he was the perfect person."

Gille had a gift for words, which showed in the poetry he

wrote and often dedicated to friends.

Thomas said that she would always remember his "better than Hallmark" poems he wrote for her.

The circle tightened as junior Kim Deitering walked to the middle and placed her lap-top on the cold cement ground.

Everyone leaned in closer to hear Gille's deep voice sing his version of "I'm Dreaming of a White Christmas."

At Gille's funeral, which was held Dec. 16 in Rockford, a bouquet of purple and white flowers sat near his casket, a gift from his classmates in attendance.

One month after his death, a Winona County medical examiner released information that Gille died instantly from a head injury after falling from the trail at the Garvin Heights lookout.

The information brought some closure for Gille's friends and family.

Voigt said he is glad his friend did not suffer, but it will be difficult to adjust.

"It's hard to cheer up when Matt's the one who would cheer you up," Gunther said.

Reach Elena at ER-Grimm2702@winona.edu.

Winona State University Integrated Wellness Complex

WE WANT YOUR INPUT!

When

Wed, Jan. 24 — 8:30am-Noon, & 1:30-5:30pm

Thu, Jan. 25 — 8:30am-Noon, & 1:30-5:30pm

Where

Student Union: Student Activity Center

This is your opportunity to meet the architects working on the WSU Integrated Wellness Complex which is a landmark project in a collegiate environment, your input is essential to creating a facility FOR STUDENTS.

International music series begins Thursday

The Winona State University Residential College will host the 10th annual International Music Series. The events provide an opportunity to experience a taste of musical culture from around the world.

The concerts are held in the Tau Center Rotunda on Thursday evenings at 7 p.m., and all concerts are free and open to the public.

The series kicks off Thursday, with the Winona International Dancers and "Folk Music and Dance from around the World."

Additional performers, titles and dates are listed below:

—Diane Jarvi, "Finnish Folk Music", Feb. 1

—Light From Heaven, "Tra-

ditional Music of Cambodia", Feb. 8

—Gao Hong, "Pipa Music of China", Feb. 15

—Sowah Mensah, "Drumming and Music of Ghana", Feb. 22

—Nirmala Rajeskar, "Music of South India", March 22

—Sandip Burman, "Music of North India", March 29

—Amwaaj, "Arabian Folk Music", April 5

—UW-L Korean Percussion Ensemble, "Traditional Music of Korea", April 12

—Calle Sur, "Music of Latin and South America", April 19

For more information, call Cathy Schmidt at 507-457-5256.

Do you have what it takes to run a newspaper?

Apply to be the Editor-in-Chief of the Winonan for the 2007-2008 school year. Questions? Email winonan@winona.edu.

HEART

will not be conclusive for another couple of months, but the Web site states that all patients with Brugada Syndrome who have defibrillators are living healthy, normal lives.

On Dec. 21, Todryk was transferred to the rehabilitation wing of Mayo Clinic to work with therapists to learn how to eat, walk, focus his eyes, relieve himself and speak.

The next day, Umphress was given the news she had been dreading.

"On Dec. 22, 2006, the doctors told me that Oliver and I would never be able to get married, because he would never

be mentally able to," Umphress said. "We were supposed to be married on Dec. 22, 2007."

Todryk was transferred Thursday from Mayo Clinic to Robinsdale Trevilla in Robinsdale, Minn., which Umphress describes as "a nursing home for younger people."

On the day of his release, Todryk defied staggering odds once again.

"Doctors said that only 10 percent of patients that undergo the hypothermic coma walk out of the hospital," Umphress said. "Oliver ran out of there pumping his fist."

Todryk is currently continu-

ing extensive rehabilitation in his required speech, occupational, recreational and physical therapies.

In addition to constant support from Umphress, Todryk has received tremendous aid from friends and teammates at Winona State.

The ultimate frisbee team started a donation table for Todryk and Umphress in the lower hyphen of Kryzsko Commons before winter break and have donated all proceeds from the team's annual Hallow-Winona tournament to help pay Todryk's medical bills.

"The team has been visit-

ing every day, and they're so selfless and so wonderful," Umphress said. "Every time someone visits you see little fragments of him coming back."

Members of the Winona State physics department staff also took up a collection for Todryk, who majored in physics.

"The ultimate frisbee team and people on campus have just been amazing," she said. "I've had a couple students hand me checks for \$1,000 without batting an eye, the support has just been a blessing—it just shows how much

Continued from Page 5

Oliver is loved."

Umphress, who said Todryk's medical expenses have already exceeded \$150,000 not including rehab and helicopter and ambulance costs, is currently searching for a full-time job.

She decided to put her education on hold, taking only two classes this semester.

As for wedding plans, Umphress has not given up on that dream.

"I refuse to accept that," she said. "Miracles happen every day, and Oliver's already proved that."

HALLS

inability to do others," Reinardy said. "We are trying to get eight or nine pieces of circuit training equipment."

The new equipment would be set up in the cardio and machine room during the upcoming weeks and would give students a more efficient workout according to Reinardy.

Reinardy said the fitness and health center would be in Wabasha Hall for a minimum of

three years, until the end of the construction of Winona State's new Wellness center.

Although the new fitness center is smaller, many students felt a sense of extra space, mostly due to the room division.

Winona State junior Jeremy Fox said he was impressed with the divided rooms.

"The walk is inconvenient but that's all," said Fox. "Everything else is good."

Junior Pat Nicholson said he had a class on campus 10 minutes after his class on the third floor of Wabasha Hall. He thought the class was originally supposed to be on the main campus.

"I wouldn't have taken my second on-campus classes if I knew the first was Wabasha," said Nicholson, mentioning his class at Wabasha Hall was required.

"There's more room, it's brighter and feels less cramped," said Pat Przybylski, a nurse in the new health services office on the second floor. "No students have really complained about the new location."

Grace Rasmussen, office specialist at the health center, said students might have some issues getting to know the shuttle timings.

The university shuttle that operates between main campus and East Lake will stop at Wabasha Hall. Schedules have been posted on all the dorms on campus while smaller schedules will be released soon, according to the security office.

"We really like the new space and we're just getting used to communicating. Earlier we just talked and everyone would hear you," joked Rasmussen on the space

constraints in Maxwell Hall.

Health services offered gift packs, which consisted of a pocket guide to first aid, antiseptic towels and antibiotic ointment, to the first 200 visitors. Three days into the semester only half a dozen were left.

Freshman Stephanie Lange liked the more spacious setting and felt health services at Maxwell was very small.

"It's less crowded because it's away from campus and I could come in and discuss personal issues," Lange said.

Wabasha Hall houses the child care center on the first floor, the National Child Protection Training Center on the second floor and part of the art department on the third floor.

Currently three art classes are held in Wabasha Hall, according to Dominic Ricciotti,

chairman of the art department.

"We are using the existing classrooms as they are," said Ricciotti, who mentioned that prior plans for modest alterations, including breaking walls and adding extra plumbing, to make classrooms more efficient weren't carried out.

Because of this setback, the department was limited to three courses.

Wabasha Hall is currently on a two-year lease with Winona State, but the university will be able to purchase or extend the agreement an additional two years.

The pre-negotiated purchasing price is \$2.9 million. If Winona State exercises this option, the \$750,000 paid in rent would be applied toward the purchase price.

Continued from Page 4

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Corrections

■ Jessica Myers, the video game club public relations officer, was unintentionally misidentified as the president in the last issue.

Adam Kuecker is the video

game club president.

■ The last name of Timothy R. Kullman, a sociology professor from the University of Wisconsin-La Crosse, was misspelled in our last issue.

**Check out the Winonan table
at the Winter Club Fair on
Thursday, January 25 to pick
up an application and some
Winonan gear!**

'Diet' pop is not what you think Op/Ed

Laura Greene
Op/Ed Columnist

Most people know that pop isn't as great as it's cracked open to be.

Let me explain to all you Wisconsin and Illinois weirdos that we are in Minnesota,

so the regionally-correct term is "pop," not "soda." Sorry to burst your can.



It's no astounding revelation to hear that pop can permanently damage your teeth, deteriorate your stomach lining, contribute to caffeine addictions, infest your body with artificial sweeteners and even make you gain weight.

Refreshing, no?

At this point, the pop-addict readers are starting to shake a

little with caffeine cravings, realizing that they only had two cans today while wondering how long they can hold out for the third. Since it's still within the New Year's resolution range, the pop-addicts might be watching their waistlines, thinking about a cold, calorie-free can of Diet Mountain Dew.

Try to steady your caffeine shakes. What I am about to tell you is even more disturbing than the way your hands twitch.

Diet pop is not diet at all.

On average, one can of "diet" pop contains 30 calories.

But wait, the nutrition label (as if pop actually has "nutritional" value) says that there

are zero calories. Remember when your mother told you not to believe everything you read?

According to my sister, who took a nutrition class at UW-Stout, major pop-producers such as Coca-Cola and Pepsi are fined exorbitantly by the FDA every year for lying on their nutritional label, claiming that their "diet" sodas contain no calories.

Think about it. Didn't it seem odd, superfluous even, that Coca-Cola came out with Coca-Cola Zero and Pepsi came out with Pepsi One? Now you know why.

You might also be questioning the unseemly event that people at Stout actually go to class and get an education. I

don't blame you.

Don't worry, though, my sister swears this information is verifiable and that she learned it during the day, in a genuine college course where she and the teacher were both completely sober.

Undoubtedly, you want to blame label lies for the lack of progress you have made on your waistline since New Year's.

Then again, that problem might not be helped by the three Big Macs you ordered Friday night after bar-close. But I'll save the McDonalds rant for another time.

For now, enjoy your pop in moderation, kids. Even better, boycott the whole industry.

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Clinton-care not best for Americans

Samuel KeaneRudolph
Op/Ed Columnist

With Senator Hillary Clinton (D-N.Y.) announcing her candidacy for the White House in 2008, Republicans everywhere are running scared at the thought of the Clinton juggernaut returning.

As well they should.

The return of Hillary Clinton, Machiavellian politico extraordinaire, facing Republican candidates suffering from little support, less money and no name recognition, (except for John McCain (R-Ariz.), Senate Republicrat, who may as well have his own party), could mean...the return of Clintoncare!

That 1993 catastrophe of a single-payer government-funded global insurance program returns to haunt my libertarian mind once again.

On paper I'm sure it sounds great. Everyone who needs medical care is insured! By

the government! So you and I don't have to pay for it! Right.

Too bad this powerful behemoth of a Democratic party plank has clay feet.



It's not that it's a bad

idea; it's just that it's a bad idea.

Clinton points to the United Kingdom and Canada as shining examples of government-run healthcare.

Of course, Britain's National Healthcare Service Web site admits that if you have heart pain and your general practitioner thinks it could be angina, you'll have to wait up to two weeks to see a specialist. Plenty of time for a heart attack.

According to Dr. Robert Cihak, M.D., former president

of the American Association of Physicians and Surgeons, a 2004 international survey reported that half of Canadian hospital administrators said that the wait time for a 65-year-old male for a routine hip replacement was over six months.

No American hospital administrator reported a wait that long; and 86 percent reported a wait time of less than three weeks.

Sure, the government will pay your insurance. Just wait... and fight over paperwork, as anyone who's ever fought with an insurance company knows, since a single-payer system would basically make the government one large insurance company.

This problem is one of simple economics. If you have two people—a doctor and a patient—then the patient pays the doctor for his service and the doctor sets his rates knowing he's competing for business with other doctors.

If you throw in an insurance company middleman, rates go up. Why? Because the middleman has to take a cut for services provided to support his overhead. Doctors now charge more.

Robert Berry, who runs the PATMOS clinic in Tennessee, does not accept any third-party insurance, yet he says his fees, which are publicly posted, unlike the miscellaneous and incomprehensible nature of insurance claims, average \$40, which is half that of nearby clinics that accept insurance and less than 20 percent of what local emergency rooms cost—and they also accept insurance.

I really don't know what makes Sen. Clinton think that her healthcare plan is immune to basic laws of economics, but it's probably the same logic that leads her to conclude that she can expect criminals to obey the law, but that's a rant for another day.

A chance to read Carl's thoughts on your ideas

Carl Hunter
Op/Ed Columnist

Welcome back to classes my friends, fellow students and buddies. Much has changed since the last issue; a new year, new semester, new classes, new fresh snow, new freshmen and, of course, new articles to be despised or loved by you.

The entry into 2007 brings in the traditional New Year's Resolutions. Every year people take January to figure out what they should improve over the next year. More often than not, it's the exact same resolution as last year since they gave up before St Patty's Day.

When has anyone ever said, "Oh I can't eat that, my new years resolution was to eat more healthy."

In July? I'm all for personal

improvement, but the idea of setting one day to pledge an improvement over the next 12 months is ridiculous.



Religious people already have the 40 days of Lent coming up early in the year,

which is much more feasible. People can handle a difficult lifestyle change for 40 days. Last year I remember giving up chocolate; that worked out quite well. This year my uncle plans to give up sobriety—a very ambitious and challenging task indeed.

All this suffering brings me back to "the new semester." A

fresh beginning, a new chance, 100 percent attendance and grades: damn that feels good. Just wait until the third week of classes.

Oh and finally some nice snow! As an avid winter sports fan, the absence of snow and reality of global warming is quite depressing.

Insert plug: there is a high caliber speaker on global warming this Thursday, at 7:30 Somsen Auditorium.

Although snow brings ice, wetness and tow trucks the whole serenity of a white blanket covering everything is truly awesome. Winter without snow, is like fall without leaves, summer without warmth and beer without the buzz, if you catch my drift.

Anyway, it's also a time for new issues of the Winonan which I have been haphazardly

writing for since last spring. I have brought to you the No Whining Policy, 12-step Guide to Life and the infamous Dude Studies. However, I am running out of topical ideas to write/rant/rave about each week. Usually I write whatever is on my head, which is a combination of hippy theology, tough love parenting and sarcastic explorations of life. This week's article was almost 500 words on how each person is ultimately responsible for their own happiness and should act accordingly, lame-o huh.

Currently, I'm enrolled in two global studies-type courses, a psychology course and two computer science classes. I'm pretty sure you, the students, don't wish to hear about the death of the world by piggy America, inter-cultural relations management or database

structures each week. Am I right?

So, I'm encouraging you all to send me emails. Each week, (probably Sunday night as I'm a terrible procrastinator) I'll go through the emails and select a topic to write/rant/rave about. Within the article, I'll give proper credit to whomever sent in the idea. This is your chance to get your name in the paper for something other than security reports or obituaries.

Reach Carl at CRHunter6218@winona.edu.

Letter to the Editor

Required classes a burden for those who already know information

Shanna McMurchie
Senior
Elementary Ed. Major

A college education costs thousands of dollars and takes an average of four years to complete.

It is impossible to be a full time student with a minimum of 12 credits and maintain a full time job. This means that the vast majority of college students must take out loans to pay for their education.

College students must be very devoted to their studies to achieve above average grades, which means there is much time spent outside of class studying and completing homework.

In the midst of all their hard work, some college students find themselves asking the question, "Why is this class

such a waste of time?"

Students in the education department at Winona State come from a variety of cultural and ethnic backgrounds, and they also have varying degrees of familiarity with different subject matters.

Right now my concern as a senior in the education department is that I am being forced to take a music class that I feel is a total waste of my time, energy, and money because I have had a great amount of relevant experience in the subject of music.

I was fortunate enough to have a far above average musical education during my elementary and high school years. I also took piano lessons for two years under a professor at Winona State.

Even though my musical education goes far beyond the basics of quarter notes and rests, I am still required to take a general lower level music class at

WSU.

I do not feel challenged by this course; I have yet to hear something in class that I don't already know.

There are a multitude of things that I could be doing more productively with my time. I could be working on homework for my other classes, picking up more hours at my job, or focusing on a different area of study that I am not as familiar with.

I have a solution to this problem that I believe should be implemented into the education department at Winona State.

I propose that there be a testing out option for the music requirement.

The test out option I am proposing should be comprehensive and should correctly test whether or not the student has already mastered the requirements for the Mus. 320 class.

If this test out option became a reality, students would then

have an opportunity to take a different course that could broaden their knowledge.

For example, instead of sitting in class hearing about musical concepts I have known since I was in high school, I could be learning a new language or working toward completing a minor area of study such as Spanish or coaching.

Winona State University claims to produce a community of learners who are dedicated to improving our world.

I believe that a way in which the education department could be improved would be to allow a test out option for students who have previously mastered the requirements of the Mus. 320 class.

A Note from the Winonan:

We invite readers and Winonan staff members to share their opinions in these columns.

Letters to the editor must be 400 words or less and received by the Sunday preceding our Wednesday publication dates. Include your full name, major, year in school and telephone number for publication. Letters from faculty members must include full name, title or department and phone number.

Letters from community members must include full name, address and phone number. We do not run anonymous letters.

The Winonan edits for space and relevance when necessary. The Winonan doesn't edit for spelling, grammar or factual errors and we reject ads and letters to the editor deemed inappropriate. All letters should comply with university policies.

Letters may be sent via e-mail to Winonan@winona.edu with "letter to the editor" as the subject line.

Frozen River Film Festival comes back to Winona

Arts & Entertainment

Kate Hujda
WINONAN

Thursday marks the kicks off the second annual Frozen River Film Festival.

The festival will feature independent films, presentations, workshops, music and outdoor activities such as kiteboarding, ice skating, snowshoeing and an ice sculpture contest.

A film on extreme sports will unofficially start the festival on Wednesday.

A presentation on global warming, followed by the film "Being Caribou" and another film on extreme sports will officially start the festival Thursday.

The festival will feature independent films from the United States, France, China and Norway.

"The films are all documentaries covering the four main categories of adventure, environment, extreme sports and world culture," said Crystal Hegge, a student who is in charge of content.

Workshops covering film-making, hybrid cars and organic cooking will be held.

Other musical guests include Eddie Danger, Patchouli and Hobo Nephews of Uncle Frank.

"It's really an environmental festival," Hegge said. "The films, presentations and work-

"What I'm excited about is the informal breakfasts on Saturday and Sunday," said Hegge. "This is a more informal way to meet the people behind the presentations."

The breakfasts will be at Mugby Junction on Huff Street, Bluff Country Co-Op and Acoustic Café at 9 a.m. on Saturday and Sunday mornings.

In its second year, the Frozen River Film Festival is also trying to broaden its horizons. Advertising for this year's festival has spread from Winona to Rochester, Eau Claire, Red Wing, Madison and the Minneapolis/St. Paul area.

The festival is sponsored by a partnership between Winona State University and Theatre du Mississippi, a non-profit theatre organization in Winona.

Tickets for the festival range in price.

An all-event pass costs \$45.

A pass for the award ceremony and all films, workshops and presentations costs \$35.

Passes for a set of five films, workshops and presentations are available for \$20.

Single passes for \$5.

UPAC is providing free admission to Frozen River Film Festival for all Winona State students with school ID.

For more information on the Frozen River Film Festival visit www.frff.org.

For more information on the ice sculpture contest, contact the Winona Park Recreation Department at (507) 457-8258.

Reach Kate Hujda at KJHujda8376@winona.edu.

"The films, presentations and workshops are all meant to build awareness in the community and broaden people's view on the world around them."

—Crystal Hegge, who is in charge of content at Frozen River Film Festival and is a Winona State student

The festival runs through Sunday with additional films, presentations and workshops on the Winona State University campus.

Other social gatherings will take place off campus.

The Historic Main Street Theatre will feature John Gorka in concert on Friday, Jan. 26.

An after-party, The Melt-down, will be held Saturday night, Jan. 27, at Holzinger Lodge.

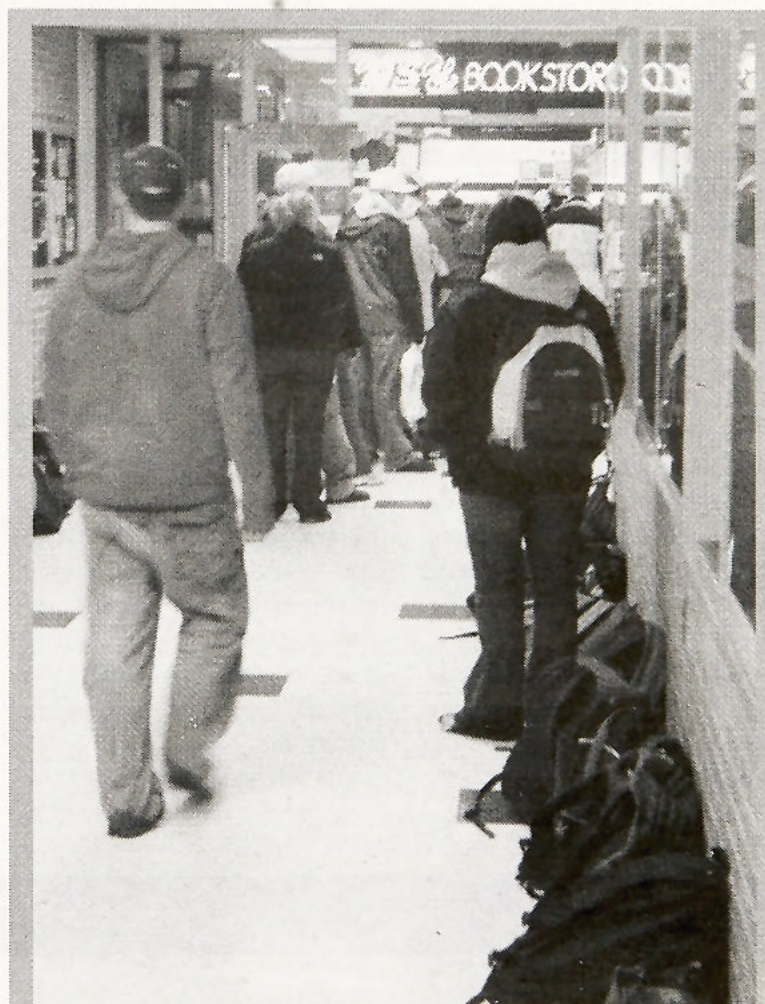
Outdoor activities will be on Sunday at Lake Winona and Holzinger Lodge.

shops are all meant to build awareness in the community and broaden people's view on the world around them."

Continuing with this theme, there will also be exhibits set up to provide more information about the many global issues discussed at the festival.

Booths with books and information on how to volunteer or donate will be available for festival attendees to learn more and become involved.

The festival also provides opportunities to meet the special guest presenters.



Anna Ligocki/WINONAN

Students line up outside of the bookstore during the first week of class. Some students buy their textbooks online, but if they wait too long to purchase their books in the Winona State bookstore they might not be able to return them. They can't return any books that are purchased between Jan. 23 to 31.

Cultural Diversity co-hosts celebration

The Winona State University Office of Cultural Diversity co-sponsors "Where Has the Dream Gone," a celebration of Martin Luther King, Jr., Wednesday, Jan. 24, 7 p.m., Kryzsko Commons, East Hall.

Featured guest speakers include:

--Mr. Xavier Wilson, Quad Resident Hall Director, "I Have a Dream"

--Dr. Wayne (Chuck) Ripley,

Assistant Professor, English, "Social Impact of Civil Rights 70s, 80s & 90s"

--Dr. Fred Lee, Associate Professor, Political Science, "Where Do We Go From Here"

The program is also sponsored by Minnesota State College-Southeast Technical.

For more information, call the Cultural Diversity office at 507-457-5595.

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Winona State music faculty toots their own horns in recital

Winona State University music faculty member Stacie Mickens will perform a faculty horn duo recital Saturday, Jan. 27, at 7:30 p.m., in the Performing Arts Center Recital Hall.

Steve Schultz, faculty member of Cornell College, will perform with Mickens.

The duo will perform pieces by composers Gallay, Mozart, Nicolai and Buyanovsky.

Tickets are \$5 for adults and \$3 for students and senior citizens.

Mickens is an adjunct fac-

ulty member at Winona State University.

She is a horn and brass instructor, chamber group coach and runs a private horn studio.

Mickens is an active member of the La Crosse Symphony Orchestra, the Waterloo-Cedar Falls Symphony Orchestra and the Dubuque Symphony Orchestra.

Mickens is a frequent chamber music participant and solo recitalist.

Mickens holds a bachelors degree from Luther and a masters degree in music from the

University of Wisconsin Madison.

He has also taught at Central College, Grinnell College and Knox College.

Schultz is a member of the Waterloo-Cedar Falls Symphony Orchestra and the Dubuque Symphony Orchestra.

He also performs with the Des Moines Symphony, the Quad Cities Symphony and the Rockford Symphony.

Schultz holds a master of fine arts degree in horn performance from the University of Iowa.

NOW HIRING!

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-News Editor
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Exhibit features students' artwork from various majors

Stephanie Magnuson WINONAN

"My inspiration is just the world around me," said Winona State University art student Emily Zelenka.

"I'm a bit of a tree-hugger and love the outdoors," said Zelenka. "I'm also into politics, and I love making a statement when I feel there is something important to be said."

Zelenka won first merit in the student art show ArtMuse, for her oil painting titled "Warning: Global Warming in Progress." The painting depicts otters and fish swimming out of a rusted oil pipeline.

Guest artist Cynde Randall from the Minneapolis Institute of Arts judged about 50 student art pieces.

Randall is the co-director of the Minnesota Artist Exhibition Program at the institute and was chosen to judge the show because of her knowledge of contemporary art, said Anne Plummer, ArtMuse exhibit creator and Winona State art professor.

Plummer came up with the idea of a non-major specific show three years ago.

"A lot of students that are not art majors or minors are interested in art, and I wanted to

give those students an opportunity," said Plummer.

As an ecology major and a studio art minor, Zelenka is considering becoming a scientific text illustrator to utilize both her areas of study.

"(Zelenka's) composition is compelling, her palette convincingly aquatic," Randall said. "She delivers a strong message without being didactic; there is humor and even a curious sense of relief in this picture."

With her acrylic painting "Forbidden Love," freshman Sara Welch won second merit.

"What inspired me was a past relationship, said Welch, "I painted it as a portrait, but set in a romantic scene and era instead of a modern time."

While Welch is undecided on her major, placing in ArtMuse may give her the encouragement she needed to declare herself as an art major.

Randall described Welch's painting as, "exquisitely moody and painterly picture that delivers the tension and romance of long ago lovers meeting in darkness."

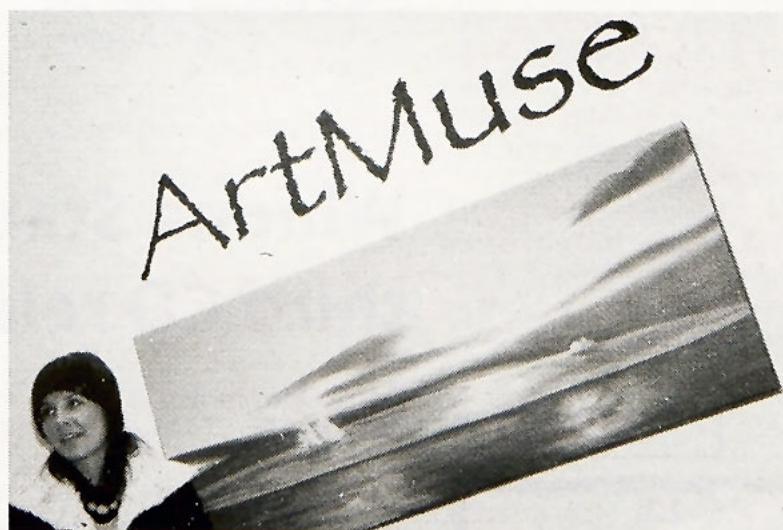
Mass communications and art major Brandon Bennett placed third for his still life

made with acrylic on canvas titled "Cap and Hand."

"Bennett really knows how to paint," said Randall. "His palette is lush and pleasingly unified; the relationships between his subjects are complex

in Green;" Melodie Helseth's "Hands;" Ryan Corfit's "Left Eye Dominate;" Jennifer Cooper's "Tea Set #1;" and Bethanie Larson's "Venice."

Winona State students and staff were able to view the ex-



Courtney Pate/WINONAN

Mikaela Fleischhacker won the Art Muse Purchase Award for her piece titled, "Almost Extinct."

and truly changed in a genre that can often read like an academic exercise."

Honorable mentions were awarded to Aline Melson's "Homage to my Homeland;" Samuel Ng's "Summer Greetings;" Adam Warwas' "Degeneration and Fragment;" Adam Kanthack's "Still Life

hibit before a reception on Jan. 17 and vote on their favorite piece.

Art education major Cassandra Buck's oil painting "Study of Danaide" received the most votes and won the People's Choice award.

Another unique award that was given out was the Wino-

na State University Purchase Award in which the Winona State Foundation buys one of the artist paintings to display on campus.

Senior graphic design and mass communication major Mikaela Fleischhacker won the Winona State University Purchase Award. She was offered \$300 for her acrylic scenery painting "Almost Extinct." If Fleischhacker accepts the award, the painting will hang in the Solarium.

Fleischhacker might not sell her painting to Winona State. She might sell to a higher bidder or keep it for herself. If she does sell the painting, she said it would help build her résumé and gain recognition as an artist.

The painting was a class assignment that challenged the students to create a social or political statement.

"I really enjoy painting sunsets," Fleischhacker said, "I'm not really into political issues but I wanted to create something that had a strong statement. But I also like pretty scenes so I decided to combine the two."

ArtMuse will be on display in the Paul Watkins Gallery in Watkins Hall through Jan. 31.

Roberts: 'Children of Men' brings tears and laughter

Film
"Children of Men"

Genre
Action and Adventure, Science Fiction, Drama

Runtime

109 min.

Directed by

Alfonso Cuarón

Cast

Clive Owen

Julianne Moore

MPAA Rating

R for strong violence, language, some drug use and brief nudity.

My Rating

A+

Jonathan Roberts
WINONAN

In a strangely familiar dystopian future, a war-torn world has lost its ability to conceive children.

Some scholars say it is the pollution, others think it is genetics, but for the last 18 years, there has not been a single child born.

In the year 2027, hope for the human race is nothing more than a myth since the quieting of playgrounds and absence of schoolyard chatter. Until now...

...Former political activist Theodore Faron (Clive Owen) starts his day like any other: miserable.

On his miserable walk to his

miserable job he stops at a café to get a miserable cup of coffee and snakes his way to the counter through sea of sobbing people watching the miserable news.

Maybe it's Theo's miserable state of mind that desensitizes him to the frantic reporter desperately searching for words to tell the people of London that Baby Diego, the world's youngest person, is dead at the age of 18.

Theo exits the café to do one of the few joys in his life, turning his English coffee into Irish coffee.

He sparks a cigarette and uncaps his flask, ready to warm up his insides, when a bomb transforms the café to a hole in the wall with rubble on the floor.

With blackened, bleeding people staggering out, it looks to be a pretty regular day.

Theo goes to work and leaves again as quickly as he came, bluffing to his boss that he can't work under the shadow of Baby Diego's death.

He heads out to the country to meet his friend Jasper who seems to be the British equivalent of Jerry Garcia.

After discussing their old days of political protest and the

new days of the British military state, Jasper mentions the Human Project, a brain trust of scientists looking for answers to the procreation problem, and Theo laughs it off as a group of

His ex-wife, Julian Taylor (Julianne Moore), reveals herself as the head of the Fishes, a terrorist group aimed at the fair treatment of and all people.

She offers him 5,000L to get



Universal

Clive Owen as Theodore Faron and Claire-Hope Ashitey as Kee star in a futuristic tale, set in the year 2027, in which society is without hope since humankind lost its ability to procreate.

unrealistic dreamers.

Soon after he leaves and heads back home, Theo finds himself kidnapped at gunpoint and being interrogated by a familiar voice.

transfer papers for a young girl named Kee and to take her to the coast where a boat will pick her up.

See REVIEW, Page 13

Mugshots hosts Ladies Night

Winona State University's Mugshots Coffeehouse opens Thursday, Jan. 25, at 8 p.m.

Mugshots is located next to Lourdes Café on West Campus.

The group Worthy Adversary, featuring Jacqui Boyum, Teresa O'Neill and Cassie Meyer, opens for acoustic guitarist Megan Nelson.

In honor of the all-female

performers, Mugshots is running Ladies Night specials, including 2-for-1 bottomless cups for the first 25 ladies and their friends and several other special desserts.

For more information on the event, or for information on booking a gig through Mugshots, e-mail Britty and Kate at: mugshots@winona.edu.

Winona State professor celebrates third CD release with concert

Carrie Mitchell
WINONAN

A Winona State University music professor has something to celebrate and will share her accomplishments in an upcoming concert.

Suzanne Draayer, an accomplished soprano singer, is celebrating the release of the third volume of her anthology titled Canciones de Espana: Songs of Nineteenth Century Spain.

Draayer traveled across the United States to Ariz., Fla., Wis. and Calif., to promote and share her anthologies.

Draayer shared her passion

and what she calls her "life's work" with countless college campuses and will be doing the same for the Winona State community on Sunday, Jan. 28.

In her travels, Draayer went to Spain to research countless pieces of Spanish music.

"I pick through everything I find and eventually choose around 30 out of 400 possibilities to use," Draayer said. It is these pieces that are featured in her anthologies and performed in her concerts.

On Jan. 28, Draayer will be accompanied by Deanne Mohr as a pianist and music professor at Winona State. The per-

formance will be held in the Performing Arts Center Recital Hall.

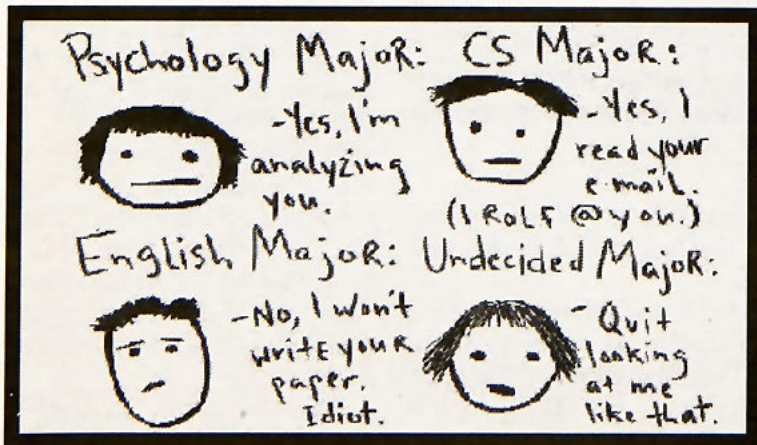
Tickets are available at the door and cost \$5 for general admission and \$3 for students.

For more information on Draayer's performance, contact the Winona State University department of music at 507-457-5250.

Draayer's three-volume anthology can be purchased online through Amazon.com or Scarecrow Press.

Reach Carrie Mitchell at CLMitche6325@winona.edu.

The Art of College



by Katie Leuterbrand

Theo agrees and a small group set out to get Kee, Claire-Hope Ashitey and Theo to the coast for her ship when bandits attack them and Julian is killed.

At a nearby safe house, Theo learns why this girl is so important to Julian and the rest of the Fishes: she's pregnant.

The Fishes elect their new leader, Luke, before everyone goes to bed.

Theo wakes to the sound of

a motorcycle and after some eavesdropping, he discovers another mind-shattering secret.

Julian wasn't killed by bandits but by two Fisher thugs, and he was next.

Theo collects Kee and her caretaker and they make a last minute effort for the English coast.

The police want them, the Fishers want them, but more importantly, humanity needs them.

This is the movie of the year. I'll say it right now.

Harry Potter put down your wand, Spiderman put the costume back in the closet, and Transformers go back to Cybertron.

This is the kind of movie that Hollywood needs to put out right now: A pleasantly depressing success story of unlikely heroes climbing over incredible odds that infectiously shows satire that speaks

volumes about where our world could be headed.

Nostradamus couldn't be this accurate about what our future could very well look like.

At the beginning I said "strangely familiar" and that is exactly what I meant.

"Children of Men" is a must see for any lover of any movie.

"V for Vendetta," "Terminator 2" and "Saving Private Ryan" have as much in common with this movie as Aldous

Huxley's "Brave New World" or George Orwell's "1984."

You will laugh, you will cry, you will clutch your ribs to keep your heart from jumping out of your chest.

If you don't blink for the last half hour of the movie, do not be surprised.

If anyone wants to go, let me know, I'll go again.

Reach Jonathan Roberts at JPRObert1732@winona.edu.

Read the Winonan online at:

www.winona.edu/winonan

Reps from Noah's Ark recruit at Winona State

At 10:30 a.m. to 2 p.m. on Thursday, Feb. 8 in the student union, Kryzsko Commons, Winona State career services is offering amusement park recruitment opportunities.

Noah's Ark, a recreational amusement park located in Wisconsin Dells, Wis., is re-

cruiting for the following positions: lifeguards, cashiers, food service, retail park services and grounds crew.

The park is open Memorial Day through Labor Day.

For more information, call Career Services at 507-457-5340.

Phonathan team positions available

The Winona State University Phonathon Team is seeking trustworthy, dependable students who have experience with customer service, telecommunications and excellent communication skills.

Basic computer knowledge is beneficial, and "people skills" are a must.

Applicants must be fluent in English.

All majors are welcome.

The Phonathon team uses computer telecommunications to call alumni and update alumni information as well as request monetary gifts on behalf of the Winona State Foundation.

Positions are available Sunday, Monday, Tuesday and

Wednesday evenings from 5:45 to 9:15 p.m.

Positions are available for one or more days per week.

Pay is \$8.40 per hour.

This is a student help position, not a work study position.

To apply, drop off a résumé in Somsen 203 (can be slid under the door if no one is there) or e-mail Justin Dass to set up an interview.

The deadline for application is Thursday, Jan. 25, 12 p.m.

Positions are filled on first come, first serve basis.

For more information or to set up an interview, call Justin Dass at 507-530-2631 or e-mail JDDass0948@winona.edu.

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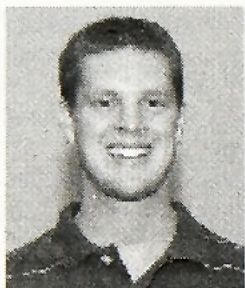
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One-on-One: Super Bowl XLI picks



Scott Swanson

Sports Editor

Eds. Note: Sports reporter Chandler MacLean and sports editor Scott Swanson are debating who will win the Super Bowl, the Colts or Bears.

Scott: Sunday's game between the Colts and the Patriots was almost a dream come true for me. As a longtime Peyton Manning fan and a longtime Tom Brady naysayer, I couldn't have asked for a more perfect AFC Championship outcome. It was one of the greatest football games I've seen. But now that

A premiere offense of the NFL (Indianapolis Colts) squares off against a premiere defense of the league (Chicago Bears) Who will win?

it's behind us, there's only one game left: Super Bowl XLI featuring the Colts vs. the Bears. With so much momentum right now, the best quarterback in the game, the best kicker in the game and a defense that is getting stops when they need them, there's no way the Colts lose this game. The Bears couldn't even beat the Packers in the last game of the season!

Chandler: Erroneous! Erroneous on most counts. That was week 17, dude. The Bears had nothing to play for. And don't forget, your Colts limped into the playoffs as losers of four of their last seven regular season games.

As for momentum, none of it matters come Super Bowl Sunday. There's a two-week layoff from Championship Sunday to Super Bowl Sunday, and there's no buzz kill like two weeks worth of three-time recycled hype.

Da Bears are the better team, so Da Bears get demselves some shiny rings.

And isn't it great how this debate ensures one of us is eventually right? Ha! How's that for hedging our bets?

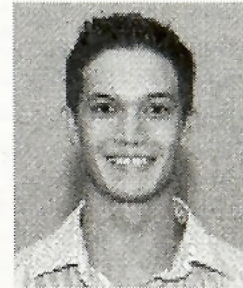
Scott: It would help your argument if you provided some substantial evidence as to why the Bears are the better team. Regarding the Colts, they have already beat two teams in the playoffs that are both better than "Da Bears." I'm talking about the Chargers and the Patriots. The Patriots allowed the fewest points of any defense in the NFL this year and the Colts managed to put up 38 points against them (32 in the second half)! If you don't believe my take, ask ESPN Sportsnation. Forty-nine out of 50 states believe the Colts are going to win this game. Anyways, I'll give you a shot to argue for your underdog, overachieving team now.

Chandler: Oh yes, that ever-so-credible ESPN Sportsnation—a.k.a. a wealth of two-cent opinions from average Joes. The same genius Sportsnation whose clairvoyant preseason prediction pitted the Miami Dolphins and Seattle Seahawks to meet in this year's

Super Bowl. Enough said.

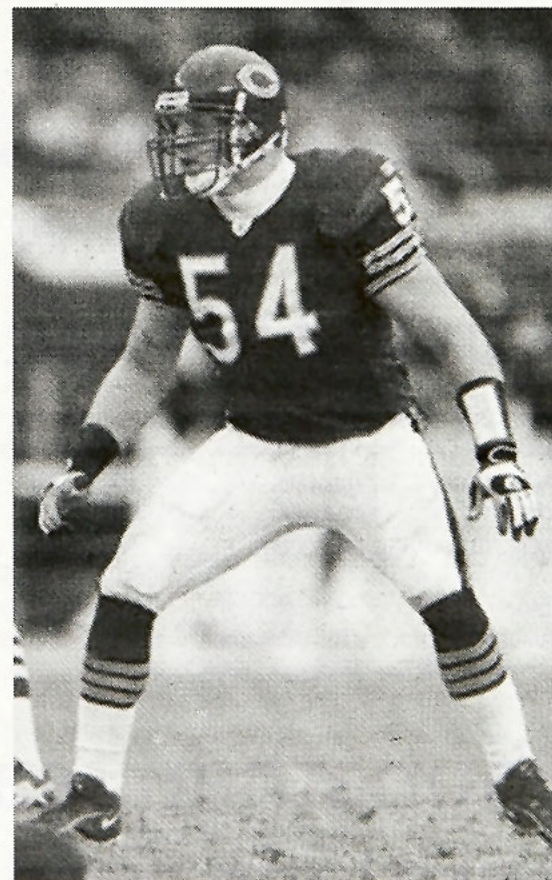
So you want substantial evidence, huh? Your honor, I present exhibit A: Brian Urlacher. Substantially scary. Exhibit B: Devin Hester. Six return touchdowns and substantial advantage in field position.

Scott: Either way, it should be a great game. I know that when it all comes down to it, we are both rooting for a an entertaining game and some funny commercials. May the best team win.



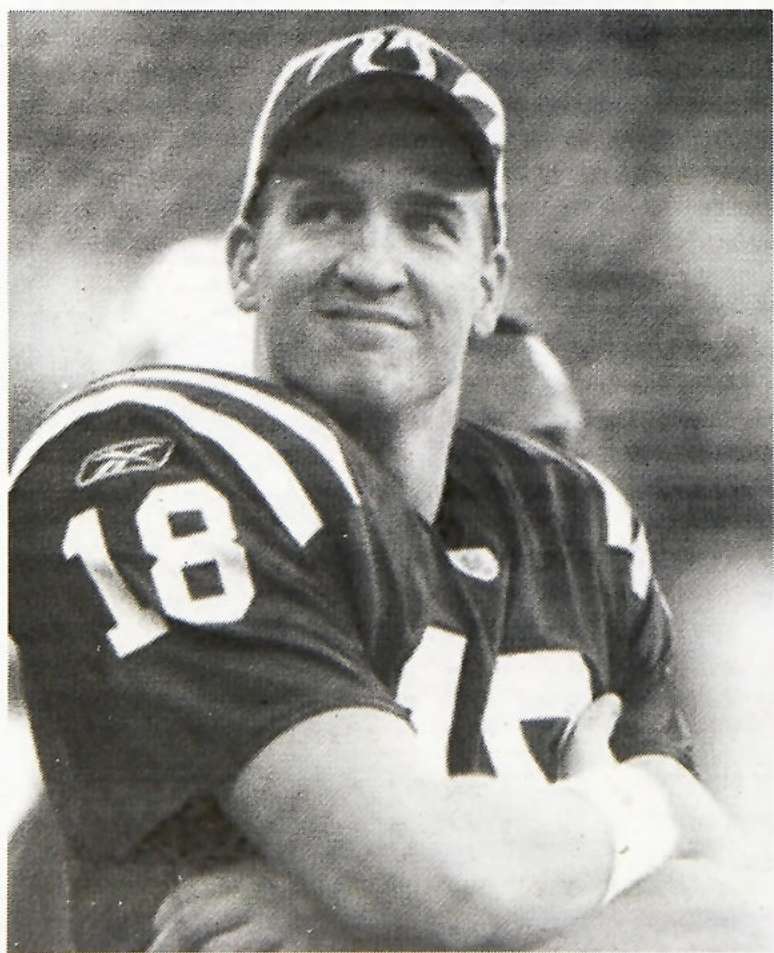
Chandler MacLean

Sports Reporter



AP Photo

Chicago's Brian Urlacher will try to shut down Peyton Manning in the Super Bowl.



AP Photo

Indianapolis Colts' quarterback Peyton Manning made it to the Super Bowl after helping his team beat the Patriots.

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Warriors push through adversity, continue to win

Matt Huss
WINONAN

Scott Ballard paused, bent over and let the tears flow before entering the locker room. The sight of his players waiting to greet him with cheers and applause overwhelmed the third-year coach with emotion, gratification and pride.

Hours after learning it would be finishing the season without its senior co-captain, the Winona State University women's basketball team put the distraction aside and earned a huge 66-62 win over Concordia-St. Paul that, at the time, moved the Warriors into a tie for first-place in the Northern Sun Intercollegiate Conference.

"They were hooting and hollering and I got emotional and broke down and cried," Ballard said. "I was just overwhelmed with pride and gratification. It was huge for them to pull off a win like that so quickly after the shock."

The shock came when the Warriors learned that their lone senior, 6-foot-2 starting center Leslie Ross, had quit the team just days after being named the NSIC player of the week.

Ballard refused to get into particulars, but mentioned that Ross needed only to run as a result of what he said was "conduct detrimental to the team."

"The team gave (Ross) a chance to come back and join them and work through it," Ballard said. "But she didn't want to do that."

Sophomore center/forward Lana Marjanovic was suspended for the game against Concordia and, Ballard said, "had to do a whole lot of running" as a result of a second offense for conduct detrimental to the team. But Ross, who had committed her first offense, merely had to run off the crime rather than sit for a game.

"She quit," Ballard said.



Doug Sundin/WINONAN
Winona State's Molly Anderson drives to the hoop during the Warriors' 72-68 loss to MSU-Moorhead.

"She didn't want to do the running."

Ross said that the "personalities involved" led to her decision to walk away from the program, but didn't elaborate on the "personalities."

"As a team captain, I am sorry that I was unable to complete my senior year," Ross said. "The personalities involved led



Majerowicz

to my decision to leave." Ironically, Ross also mentioned that she thought she set a good example of what a college athlete should be.

"I feel good that I set a good example of what a college athlete should be and always gave 100 percent at practices and during games."

Ross was averaging 14.2 points and 7.1 rebounds per

game before leaving the team, but her replacement, sophomore Jamie Majerowicz, has provided a big spark since moving into the starting lineup.

In the four games since Majerowicz took over as the team's starting center, the Warriors (11-6, 7-2) have gone 3-1 and now find themselves in a three-way tie with Northern State and Concordia for second place in the NSIC behind Minnesota-Moorhead. Not bad considering the Warriors were projected to finish sixth before the season started.

In that span, Majerowicz has trumped Ross' numbers — grabbing 7.3 rebounds per game and averaging 15.8 points on 48 percent shooting.

But it hasn't come easy. Six of Winona State's nine conference games have been decided by four points or less — including Friday's dramatic win over Bemidji State. Saturday's 64-45 win over Minnesota-Crookston marked the largest margin of victory or defeat all year for the Warriors, who led Crookston 25-22 at halftime.

"We've gotten so accustomed to the close game that we're never nervous," Ballard said. "Because we've had so much success, we're playing with a lot of confidence as well."

That confidence also extends to the coaching staff, which went against every rule in the book in an attempt to pick up a victory Friday at Bemidji State.

With the game tied at 65-65 with 30 seconds left, Ballard opted to foul the Beavers' worst free throw shooter instead of allowing the home team the last opportunity to win the game.

Bemidji then converted on 1-of-2 free throws to take a one-point lead with 15 seconds left.

A Shelby Krueger shot fell short, but Majerowicz snagged the offensive rebound and a jump ball was whistled just



Reimer

before the final buzzer sounded. With the possession arrow pointing in Winona State's direction, the officials put one second back on the clock and allowed the Warriors to run an inbounds play under the basket, where Krueger hit Amanda Reimer for the game-winning lay-up as time expired.

Reimer, who originally came to Winona State to play volleyball before joining the basketball team, leads the Warriors in both scoring and rebounding. Her 14.3 points per game ranks her sixth in the NSIC, and her 8.4 rebounds per game ranks her second.

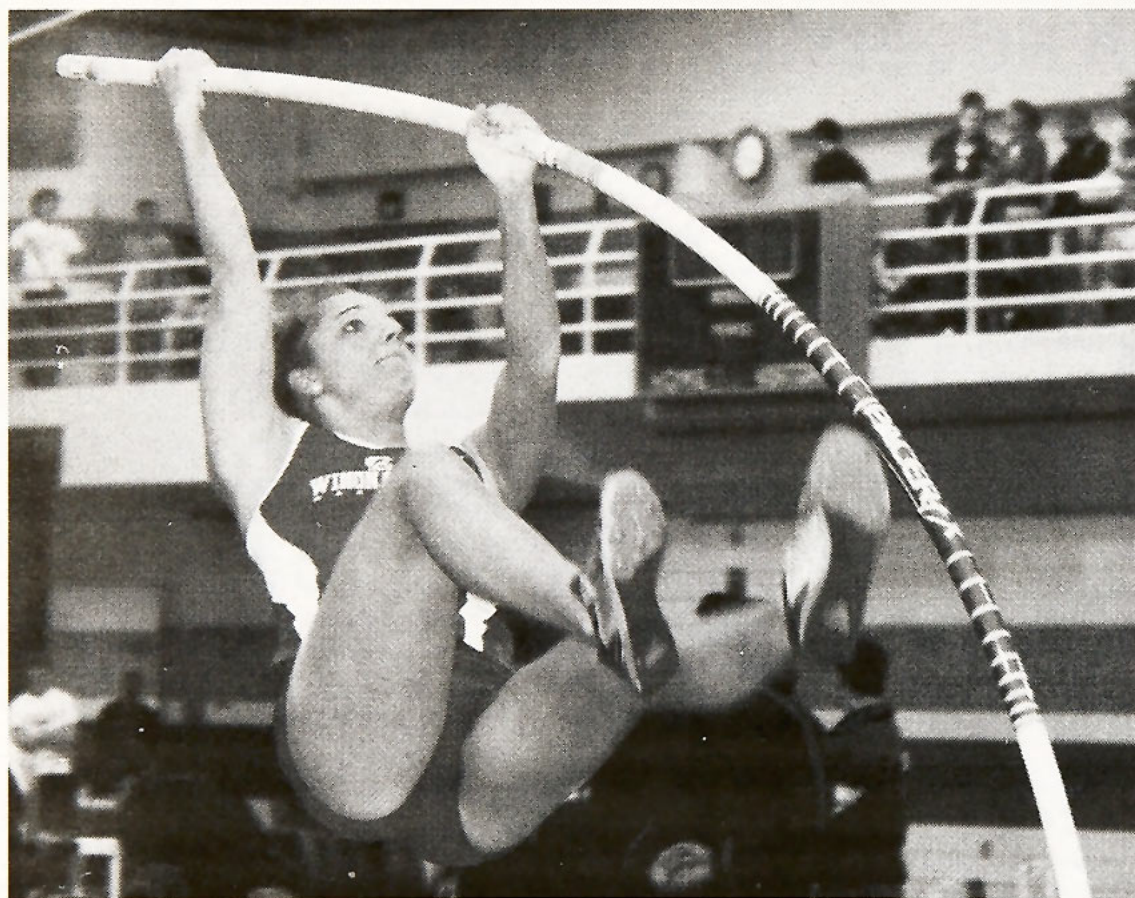
But now that the Warriors have wrapped up the first half of the NSIC season and have played every conference opponent once, it isn't likely that teams are going to take Reimer and the Warriors lightly anymore.

"Teams are going to make adjustments and show us more respect the second time around," Ballard said. "It's going to get tougher, not easier."

Reach Matt at MMHuss1550@winona.edu.



Doug Sundin/WINONAN
Winona State's Amanda Reimer goes up for a lay-up during a loss to MSU-Moorhead. She finished with 14 points.



Doug Sundin/WINONAN

Winona State senior Bria Magnuson goes up for a pole vault at the Blugold Open in Eau Claire, Wis. She took third in the meet with a vault of 3.61 meters.

Three Warriors waste no time qualifying for nationals

Adam Stanek
WINONAN

The Winona State University women's indoor track team competed in its first two indoor track meets of the season over winter break, and the team is already seeing terrific results.

After the first two meets, the Warriors already have three national qualifiers.

Nikki Lonning, a senior shot putter, and Emily King, a senior weight thrower, qualified after the first meet of the season at the Mankato State Open on Dec. 9.

Senior pole vaulter Bria Magnuson followed suit in the Blugold Open on Jan. 19 where she not only qualified for the national meet, she also broke the Winona State pole vault record with a 3.61-meter vault.

In the Mankato Open, the Warriors displayed great veteran leadership and young talent.

Seasoned veterans including



Magnuson

third in the pole vault.

Winona State also had a few young runners who proved to be valuable to the team.

Sophomore Theresa Pawelko finished second in the 800-meter run with a time of two minutes, 23.91 seconds.

Pawelko followed that up in

the Blugold Open with a third-place finish in 2:25.12.

"Theresa had an average year running with us last year,"

senior Nikki Johnson finished third in the 200-meter dash and Magnuson finished

Winona State coach Mason Rebarchek said. "I think she's had a year to adjust

to our training and I think we will continue to see her run well in the 800-meter run."

Rebarchek also saw some great performances out of some of his freshmen.

Jennifer Bradford finished with the second fastest Winona State time in the 400-meter run at the Mankato Open.



King

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Winona State also excelled in the relays, as the Warriors finished in second in the 4x200-meter relays with a time of 1:46.77.

Winona State had a great cast of runners in this relay, featuring Jessica Devine, Samantha Lisowski, Adi Luedke and Olson.

The Warriors also look to have a strong relay team in the 4x400-meter, as they finished third in the Blugold Open with a time of 4:14.18.

Rebarchek views these meets as preparation for the conference meets.

"Our goal isn't to win the individual meets, rather, to prepare for the conference meet," Rebarchek said.

Rebarchek's philosophy has shown to pay off as the Warriors have finished well in the indoor and outdoor track meets the last few seasons, winning

three out of the last four conference titles.

"We need to just keep doing what we are doing and continue to improve for the conference meet," Rebarchek said.

The conference meet will be February 23 and 24 in Bemidji, Minn.

The Warriors next meet will be on January 27 at UW-Whitewater.

"It's a great facility and should be a great meet," Rebarchek said. "There were 14 teams there last year, so it should be good competition for us this year."

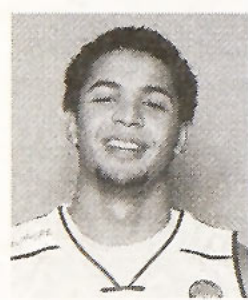


Lonning

Thirty-nine and counting: There's no stopping the No.1 Warriors

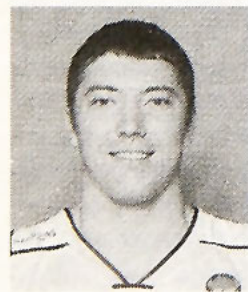
**Chandler MacLean
WINONAN**

Grab your lucky rabbit's foot. Knock on some wood while you're at it. Maybe even



Henderson

tap that good-for-tuned severed paw on a 2-by-4. This article delves into the unspeakable: an undefeated team and a winning streak. A publicizing no-no. Most sports fans are familiar with the unwritten rules of jinx. Baseball players don't talk to a pitcher working a no-hitter. Spectators and broadcasters are forbidden from using the word "shutout" while the home team is posting a shutout.



Smith

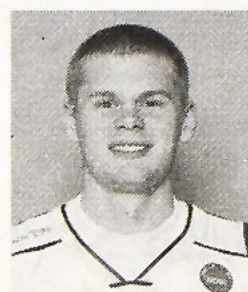
Even one novice sports-writer understands the severity of superstition. That said (and with rabbit foot and mahogany in tow), there's no denying or ignoring it. The Winona State University men's basketball team is 17-0 on the year. The reigning NCAA Division II champs and No. 1 team in the

nation has won 39 consecutive games. I have to go there.

Not that coach Mike Leaf or any of the Warriors are itching to boast.

"To be honest, I really don't dwell on it," said the ever-modest Leaf after a 93-79 win at Bemidji State last Saturday. "We're doing some good things, but we know we can get better. It takes hard work and I'm just grateful that I have players with such great work ethics. I'm very lucky."

Fair enough, they don't dwell



Malvik

on it. But there has to be some pressure, the win streak is downright astro-

nomical. Anybody feeling the heat?

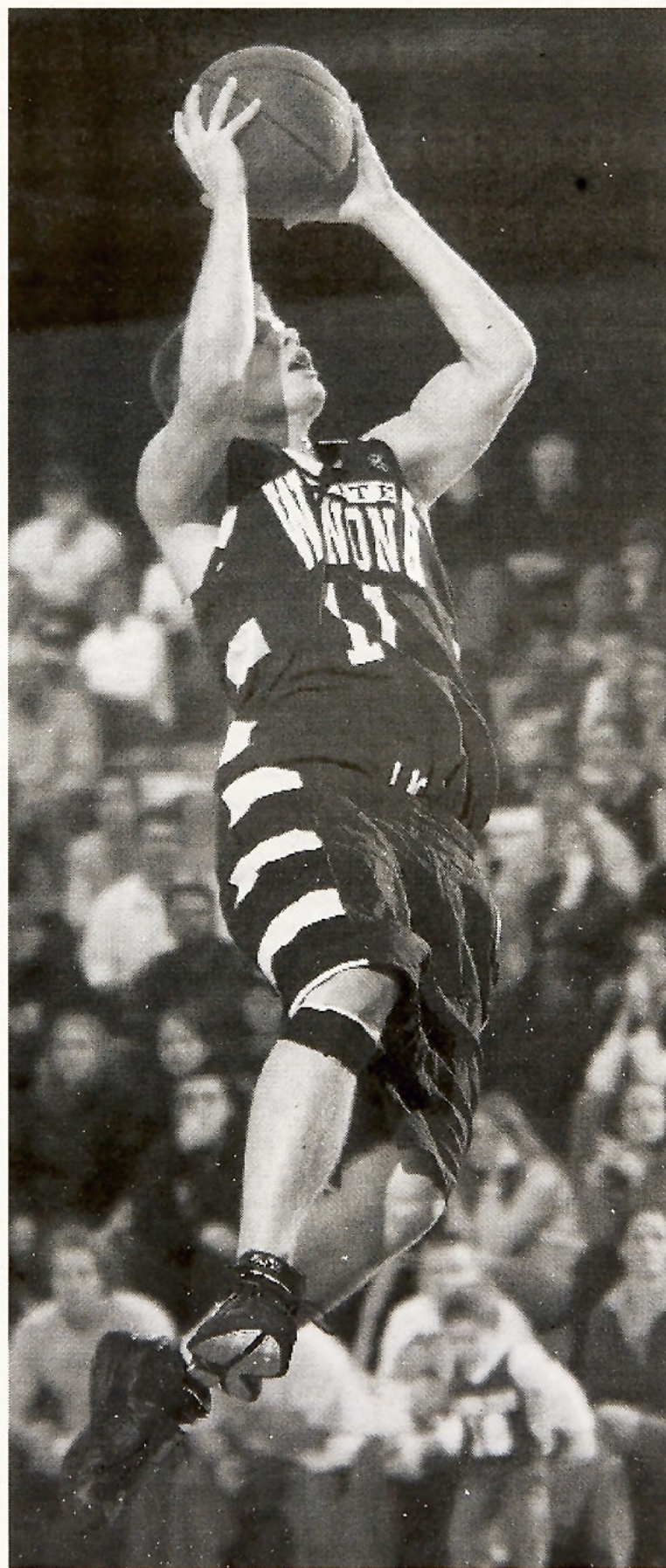
"I really don't feel much pressure right now," Warriors senior forward Quincy Henderson said. "The rest of the team doesn't either. We don't even talk about it."

Unreal. Enough squeeze to destabilize an airplane cabin and these guys won't so much as flinch.

"We appreciate what we've done," Henderson said, "but we know we can accomplish more. We can look back it all when we're older."

Good call. Leave day-to-day reflection to the journalists. And there's plenty to reflect on.

The Warriors (17-0, 9-0) own



Doug Sundin/WINONAN

Winona State's Zach Malvik pulls up for a floating jumper during the Warriors 69-66 win over MSU-Moorhead.

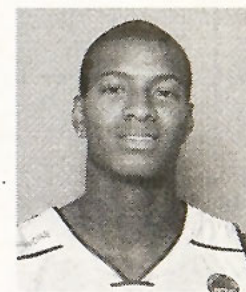
a plus-22.2 scoring margin. They shoot .525 percent from the floor and .404 on 3-pointers for an average of 88.4 points per game. They swipe 9.8 steals

per game, block 5.5 shots per game and have held opponents to .393 percent shooting.

The individual statistics are equally prolific.

The Warriors spread their scoring to the tune of four double-digit scorers. Zach Malvik (16.5 ppg, 4.6 apg, 3.4 rpg) runs the show. John Smith (16.1 ppg, 9.4 rpg, 2.1 b p g) dominated the post.

Jonte Flowers (13.2 ppg, 5.2 rpg, 3.9 apg, 3.5 spg) frightens opposing offenses. David Johnson (12.4 ppg, .533 percent on 3-pointers) has never played like a freshman. Henderson (9.4 ppg, 5.1 rpg, 2.2 apg) is balanced production personified.



Flowers

The stats don't lie and neither does the 39-game win streak. In case anyone was wondering, the longest win streak in college basketball history belongs to UCLA, who won 88 consecutive games from 1971-1974 during the John Wooden era. Wooden, a basketball demigod, and the Bruins, were at the tail-end of seven consecutive national titles during that 88 game streak.

"I don't know if I'd put us in the same realm as them," Henderson said with a laugh. "I mean John Wooden, UCLA, that's a tall order."

Half that order could be filled in a matter of weeks. Now go knock that rabbit's foot on some balsa wood.

The Warriors complete the second half of a four-game road series this weekend at Northern State (Aberdeen, S.D.) on Saturday and at the University of Mary (Bismark, N.D.) on Sunday.

The Warriors, who finished the first half of their Northern Sun Intercollegiate Conference schedule, beat Northern State 90-62 on Dec. 1 and Mary 77-57 on Dec. 2.

Reach Chandler at CLMacLea9357@winona.edu.

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Young WSU gymnastics squad adjusting early in new season

**Scott Swanson
WINONAN**

One day after suffering a disappointing loss to the University of Wisconsin-Oshkosh, the Winona State University gymnastics team held a team meeting.

The Warriors discussed where they want to be and what they need to do to get there.

"We met as a team and got refocused," Winona State coach Beckie Rolbiecki said. "We talked about what it would take to maintain the standards we set for ourselves."

On the very next day, the Warriors put up an inspired performance, barely falling to a tough Hamline program 174.225-173.150.

"We rallied and we nearly

beat Hamline. They've got a great program," Rolbiecki said. "It was great therapy for us and will certainly help us as we move into the rest of our season."

Before the Warriors (1-2) lost to UW-Oshkosh, they opened their season with a 174.825-169.6 win over UW-Eau Claire.

Winona State sophomore Alexandra Nugent led the Warriors, notching a pair of first place finishes and a second-place finish in the all-around.

Nugent scored 9.325 to take first on the vault and 9.2 to win the floor exercise.

Winona State's Eileen Strube took first in the balance beam after scoring a 9.4.

Sophomore Melissa Vodvarka finished third in the all-around for the Warriors.

"We started out with a solid 174," Rolbiecki said. "In an ideal world, we would have had a 175, but we had a very nice first meet."

Two weeks later, Winona State fell to Oshkosh 171.875-165.3.

"The second meet was one of those where everything spiraled. We showed our youth and struggled quite a bit," Rolbiecki said. "It was a big disappointment."

Despite the loss, Winona State rebounded in another loss to Hamline, topping the 174 mark for the second time in its first three meets.

"We've had some very impressive early season performances. We had a talented team last year and we've added some strong freshmen this year," Rolbiecki said.



Doug Sundin/WINONAN

Winona State's Eileen Strube competes on the floor during the Warriors win over Eau Claire.

Front



Back

Doug Sundin/WINONAN

The front and back of the purple Winona State Basketball Official Fan T-shirt. A black version is also available.

Winona State athletics release basketball t-shirts

WINONA, Minn. — The Winona State University Athletic Department has released official game-day shirts for fans in conjunction with "Purple Fridays" (purple shirt) and "Warrior Saturdays" (black shirt).

With the outstanding student attendance and participation at Warrior Basketball Games, the shirts were designed with significant student input, and with their preferences in mind. Similar to the "Barnyard" at the University of Minnesota, or "Hawk's Nest" at the University of Iowa, the effect of an all-purple or all-black venue in McCown Gymnasium will enhance the atmosphere at Winona State's home games.

"The levels of success

achieved by our basketball programs are incredible, and the support of our student-body, along with the Winona community, has matched that level of excitement. This is a great opportunity to enhance the already outstanding atmosphere in McCown gymnasium," Winona State assistant athletic director, Nick Jaeger said.

Both shirts will be packaged together, and can be purchased in the Winona State Bookstore or at the Warrior Zone in McCown gymnasium at home games for a cost of \$15. Shirts can also be purchased online at the Winona State Bookstore website under the "general merchandise" tab (www.wsubookstore.com).

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Hello, future leaders of the world.

We, the monkeys, just wanted to drop you college students a note to let you know that smoking is not at all addictive. In fact, you can smoke during college and quit with ease the second you graduate. So go ahead, smoke up. It's not like a little cigarette is going to wipe out your species or anything. Ha ha! What a ridiculous thought that is! On a totally unrelated note, we think you humans are doing a great job of running the Earth; we have no interest whatsoever in taking over. Well, we'll let you get back to smoking now.



Sincerely,

the Monkeys ☺
the monkeys

RESEARCH SHOWS THAT MOST STUDENTS WHO SAY THEY'LL QUIT SMOKING AFTER COLLEGE CAN'T.



Sports

TARGET?

WHAT

TARGET?

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HIT HALFWAY POINT OF
CONFERENCE SEASON**

**ALSO INSIDE: WINONA STATE
WOMEN HEAT UP, TRACK AND
GYMNASTICS OPEN SEASONS**

Doug Sundin/WINONAN